

TOP 20 HIGH SCHOOL INDIVIDUALS

5000 METERS

since 1992

HIGH SCHOOL MEN

1	Dathan Ritzenheim	Rockford	14:41.9	10/7/2000	Portage Invitational
2	Dan Roberts	Vicksburg	15:05.3	10/9/2004	Portage Invitational
3	Jeff See	Middletown	15:10.2	10/9/2004	Portage Invitational
4	Tim Ross	Caledonia	15:14.3	10/6/2001	Portage Invitational
5	Bobby Aprill	Dexter	15:15.6	10/7/2006	Portage Invitational
6	Riley Klingel	Fremont	15:18.1	10/9/2004	Portage Invitational
7	Josh Perrin	Hillsdale	15:22.1	10/4/2003	Portage Invitational
8	Ben Miller	De LaSalle	15:24.3	10/3/2008	Portage Invitational
9	James Lanciaux	Fremont	15:24.8	10/6/2007	Portage Invitational
10	Joe Dimambro	Fenton	15:24.9	10/7/2006	Portage Invitational
11	Nathan Karr	Ann Arbor Pioneer	15:24.9	10/10/2009	Portage Invitational
12	Frank Tinney	Ann Arbor Huron	15:26.6	10/4/2003	Portage Invitational
13	Addis Habtewold	St. Clair	15:27.0	10/7/2006	Portage Invitational
14	Kurtis Marlowe	Gull Lake	15:27.8	10/9/1999	Portage Invitational
15	Dan Jackson	Dexter	15:31.1	10/8/2005	Portage Invitational
16	Alejandro Arroyo	Culver	15:31.4	10/10/2009	Portage Invitational
17	Taylor Williams	Cincinnati Sycamore	15:32.8	10/7/2006	Portage Invitational
18	Doug Richards	Ionia	15:32.9	10/8/2005	Portage Invitational
19	Cole Sanseverino	Monroe	15:33.1	10/8/2005	Portage Invitational
20	Anthony Manfrin	Dundee Crown	15:33.7	10/3/2008	Portage Invitational

HIGH SCHOOL WOMEN

1	Sharon Van Tuyl	Portage Northern	17:31.0	10/10/1995	Big 8 Dual
2	Amy Kohlmeier	Sarnia St. Patrick	17:32.8	10/5/2002	Portage Invitational
3	Nicki Bohnsack	Rockford	17:33.9	10/6/2001	Portage Invitational
4	Alyson Kohlmeier	Sarnia St. Patrick	17:36.5	10/5/2002	Portage Invitational
5	Rachel Wittum	Rockford	17:44.4	10/9/2004	Portage Invitational
6	Linsey Blaisdell	Rockford	17:46.3	10/7/2000	Portage Invitational
7	Eileen Cruetz	Saline	17:49.6	10/8/2005	Portage Invitational
8	Becca Addison	Grand Haven	17:50.4	10/3/2008	Portage Invitational
9	Kalin Toedebusch	Rockford	17:52.9	10/7/2000	Portage Invitational
10	Jordan Tomecek	Milan	17:53.8	10/3/2008	Portage Invitational
11	Meggan Freeland	Parma Western	17:55.3	10/7/2006	Portage Invitational
12	Alexandra Leptich	Saline	17:56.6	10/10/2009	Portage Invitational
13	Heather Sirko	Livonia Stevenson	17:57.6	10/9/2004	Portage Invitational
14	Marissa Treece	Glen Lake	17:59.4	10/7/2006	Portage Invitational
15	Alexandra Banfich	Culver Academy	17:59.7	10/6/2007	Portage Invitational
16	Nicole Bush	Kelloggsville	18:00.1	10/4/2003	Portage Invitational
17	Danielle Dakroub	Okemos	18:00.7	10/8/2005	Portage Invitational
18	Devan John	Allendale	18:00.7	10/10/2009	Portage Invitational
19	Emily Langenberg	Grand Ledge	18:01.5	10/8/2005	Portage Invitational
20	Ali Wiersma	Allendale	18:01.5	10/10/2009	Portage Invitational